
































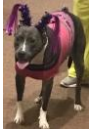


January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Pre Dinner Music with Matt on Sundays at 4:30PM	1 Exercise 11AM  Toast 2018 at lunchtime!	2 Bingo 10AM PSN  Paper Bag Snowflakes after supper	3 Exercise 11AM  Left Center Right 1PM	4 Tender Heart 9:45AM  Val 1PM PAL	5 Exercise 11AM  Bingo 1PM	6  Arts & Crafts 1PM
7  Sundaes On Sunday (after lunch)	8 Shear Styling 9AM Exercise 11AM  Paper Plate Snowflake after supper	9 Bingo 10AM PSN Rev. Schian/Hymn Sing (Grace Lutheran) 1PM Western Leo's Art Show 2:30PM	10 Exercise 11AM  Mark and Tim 1PM PAL	11 Tender Heart 9:45AM  Arlyn 1PM PSN	12 Exercise 10:45AM (Ageless Grace)  Bingo 1PM Dan Hays 5:45PM PAL 	13  Arts & Crafts 1PM
14  Christian Music Sing-A-Long 4PM	15 Exercise 11AM  Arlyn 1PM PAL MLK Day-I Had a Dream Speech (at supper)	16 Bingo 10AM PSN  Poetry Reading: Theme-Humor after supper	17 Exercise 11AM  Pinocchio & Popcorn 2PM	18 Tender Heart 9:45AM  Memory/ Word Games after supper	19 Exercise 11AM  Bingo 1:15PM WHS	20  Arts & Crafts 1PM
21  Pastor Manning 2PM	22 Shear Styling 9AM Exercise 11AM  Bead Snowflakes after supper	23 Bingo 10AM PSN  Reminisce 5:45PM	24 Exercise 11AM  PreDinner Music with Amber's boys. 4:30PM	25 Tender Heart 9:45AM  Science For Seniors after supper	26 Exercise 10:45AM (Ageless Grace)  Bingo 1PM	27  Arts & Crafts 1PM
28  Reverend Linda 1:30PM	29 Exercise 11AM  February Garland after supper	30 Bingo 10AM PSN  River Dance DVD after supper	31 Exercise 11AM  Heart Bookmarks 1PM	St. Gabe's parishioners typically visit on Thursday mornings for communion. 	 Luna visits when available.	PAL Assisted Living PSN Independent Living